Faculty of Forensic & Legal Medicine
Virtual Adult Safeguarding Day
Tuesday 21 April 2026

Faculty of Forensic & Legal Medicine

of the Royal College of Physicians

Programme

Morning Session chaired by Prof Margaret Stark

09:50 – 10:00	**Welcome and Introduction to the day**
10:00 – 10:45	**Coercive Control of Individuals Who Lack Capacity: What to Look for and Who Should Look** Mr Justice Hayden, Director of The Judicial College for England and Wales, Family Law and The Court of Protection
10:45 – 11:30	**A Brief Overview of OPCAT and the NPM with the Recommendations Database** Sherry Ralph, Chair of the National Preventative Mechanism
11:30 – 11:45	*Break*
11:45 – 12:30	**Findings from a case series of adults at risk of harm with suspected non-accidental injuries** Dr Elisabeth Alton, Named GP Safeguarding Adults and Clinical Lead, Humber Forensic Prototype
12:30 – 13:00	**Panel Discussion**
13:00 – 13:45	*Break for Lunch*

Afternoon Session chaired by Dr Elisabeth Alton

13:45 – 14:30	**Safeguarding in Secure and Detained Settings** Kate Wales, Associate Director of Nursing and Quality, Practice Plus Group
14:30 – 15:00	**When Home Isn't Safe; Pregnancy, Safeguarding and Domestic Abuse** Zoe Lane, Associate Director of Nursing - Safeguarding (Children & Maternity), King's College Hospital NHS Foundation Trust, Deputy Safeguarding Lead FFLM
15:00 – 15:30	**Safeguarding & Restraint: Lessons from the Brook House Inquiry** Kate Eves, Independent Consultant on Custody & Detention Safety and Effective Oversight
15:30 – 16:00	**Panel Discussion and Closing Comments**