



Pro Forma

Paediatric Forensic Medical Examination

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Note: This form has been designed for use by Clinicians. It is provided to assist the examining Clinician in the assessment of a child or young person who may have been sexually abused. It is to be regarded as an aide-memoire and it is therefore not necessary for all parts of the pro forma to be completed. On completion this form is in the control of the examining Clinician. It is for both acute and historic (delayed reporting) cases; please be flexible in the way it is used.

Throughout the notes use 24 hour clock to avoid confusion

1. Initial Call

The initial call to attend a child/young person frequently comes from an individual with little information regarding the nature and timing of the allegation. Because such information will inform the decision regarding the venue and timing of the examination the Clinician should endeavour to speak directly with the sexual offence trained police officer who is with the child/young person.

Date and time of initial call _____

Name of referrer _____

Contact telephone number of referrer _____

Name of professional (e.g. Police Officer) who will be attending with the child/young person _____

Contact telephone number of attending professional _____

Name of child/young person _____ Date of birth (age) _____ ()

The Clinician should consider if they have all the necessary skills^{1, 2} to examine the child/young person, or if there is a need to involve a second Clinician. Children should be examined in a child friendly environment.

Does the child/young person have any serious injuries or other acute medical problems? _____

The Clinician should ensure that the venue proposed for the examination is appropriate. It may be necessary to arrange for the child/young person to be transferred, via ambulance, to the nearest ED department if they appear to have serious injuries or an altered level of consciousness. The Clinician should be willing to attend a hospital if required to.

When did the incident(s) take place, if known? _____

A decision regarding the timing of the examination should be made after consideration of the persistence data regarding forensic evidence,³ any injuries however minor, and the medical needs of the child/young person (e.g., HIV Post Exposure Prophylaxis, emergency contraception, Mental Health etc).

What is the nature of the sexual assault, if known? _____

If there is any suggestion that penis-mouth penetration (fellatio) may have taken place, or the nature of the sexual assault is not known, the referrer should be reminded to obtain an 'Early Evidence Kit' / oral samples³ urgently.

Did the incident include Non-Fatal Strangulation (NFS) _____ Yes/ No / Unknown

Is there any suggestion that drugs or alcohol have been used to facilitate the sexual assault of the complainant (DFSA)? _____

In all cases, presenting within 14 days of the allegation, the referrer should be reminded to access urgently a Urine Module/ 'Early Evidence Kit' and request a urine sample from the child/young person. The time of the last urination (prior to the one yielding the sample) and the time that the sample was produced should be noted. If within 24 hours, 2 consecutive samples are ideal.

Does the child have capacity to consent? Who holds parental responsibility for the child/young person? Will they accompany the child? _____

Is that person, and the child if they have capacity, aware of the referral and willing to give consent to the paediatric forensic examination? _____

Does the child/young person/carer have any additional needs e.g., difficulty understanding English? _____

If yes, consideration should be given to arranging an interpreter. Consider all other additional needs e.g. A signer for the deaf; a laptop for the child with autism who only communicates that way etc.

Agreed venue and time for examination _____

2. Examination Details

Location _____

Date of examination _____

Time of arrival _____

Time introduced to child/young person _____

Referred by self/police/social services/paediatrician/general practitioner/sexual health/other (*delete/annotate as applicable*) _____

3. Clinician Details

Name of Clinician _____

GMC/NMC _____

Other Clinicians (*if present*) _____

4. Police Details

Force Incident Number _____

Name and contact details of attending police officer _____

Name and contact details of investigating officer _____

5. Social Services

Name and contact details of attending social worker _____

Name and contact details of allocated social worker _____

6. General Practitioner

Name of GP _____

Surgery address _____

Secure email address _____

Surgery telephone number _____

7. School/Nursery

Name of school/nursery _____

Safeguarding lead _____

Secure email address _____

8. Present

Family/Friends _____

Crisis worker _____

Others _____

9. Consent

Name and address of person with Parental Responsibility (PR)

Name _____

Address _____

Telephone number _____

Name of child _____

Date of birth of child _____

Address _____

Telephone number _____

NHS number _____

I consent to the following and understand that the paediatric forensic examination will include (delete if not applicable):

- a) A full medical history and complete examination recorded in writing
- b) Collection of forensic samples
- c) Collection of medical samples
- d) Photo documentation for recording and evidential purposes (including second opinions from medical experts and peer review). I have been told that any sensitive images will be stored securely and only be made available to other non-medical persons on the order of a judge
- e) I understand that the Clinician will provide a Child Protection report for the police, social services, paediatric services and the patient's GP
- f) I understand that the Clinician will provide a court statement if requested
- g) I understand that the Clinician will give evidence in court if ordered
- h) I understand and agree that a copy of the forensic medical notes may be given to professionals involved in the case (e.g., police or lawyers) and may be used in a court
- i) I agree to the use of photo documentation and anonymised medical notes for teaching
- j) I agree to the use of my anonymised-medical notes for audit and research
- k) I understand staff at the SARC have a duty of care and have to inform the Multi Agency Safeguarding Hub
- l) I have been advised that I may halt the examination at any time

Signed (Child) Date and time

Name printed

Signed (Person with PR) Date and time.....

Name printed

Signed (Witness to signatures)..... Date and time.....

Name printed

Signed (Clinician)..... Date and time.....

Name printed

GIVE A COPY OF THIS CONSENT FORM TO THE CHILD AND / OR THE PERSON WITH PARENTAL RESPONSIBILITY

10. Patient Details

Name _____

Address _____

Date of Birth _____ Age _____

Gender Female / Male / Trans / Prefer not to say Ethnicity _____

Case number _____

11. Household

Adults

| | Surname | First names | DOB | Relation to child (ren) e.g. father of examinee and child |
|---|---------|-------------|-----|--|
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |

Children

| | Surname | First names | DOB | Relation to child (ren) e.g. brother, half-brother, stepbrother of examinee |
|---|---------|-------------|-----|--|
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |

Own bedroom Yes No

12. Vulnerabilities

Missing episodes _____

Exploitation - criminal e.g., county lines/sexual _____

Looked after child, young carer _____

Unaccompanied asylum seeker _____

Risk of Female Genital Mutilation _____

Domestic abuse/coercive control _____

13. Social care involvement

Child Protection Plan/Child in Need Plan, details of when _____

Reason(s) Neglect Physical Injury Sexual abuse Emotional abuse

Court Orders? (PPO/EPO/ICO/CO) Yes No

14. Reason for Referral

Briefing taken from _____

Contact details _____

Names of persons present during briefing _____

Have the police conducted an ABE interview with the child/young person? Not known Yes No

Location of assault(s) if known/given _____

Brief history of assault(s) if known/given _____

Brief history of assault(s) if known/given continued _____

Did the alleged assailant consume alcohol? Yes No Not known

If yes, please specify Prior During After offence

Start time of drinking _____ End time of drinking _____

Quantity and type of beverage consumed _____

Time last ate _____

Did the complainant consume alcohol? Yes No Not known

If yes, please specify Prior During After offence

Start time of drinking _____ End time of drinking _____

Quantity and type of beverage consumed _____

Time last ate _____

Alcohol use history _____

Any other substances been used by/administered to the complainant within 14 days of the examination (Including prescribed and over the counter medication)? Yes No Not known

If yes, please specify Prior During After offence

Give details _____

Substance misuse history _____

Number of assailants if known/given _____

Prior knowledge of assailant(s) _____

Details of assailants(s) *Asked to determine risk of STIs (see 22. Medical Aftercare)*

Confirmation/additions from child/young person (verbatim)

Last contact with alleged assailant(s) _____

Possible sexual abuse/assault/exploitation in connection with this allegation(s) (if known) _____

Asked to direct forensic sampling and determine risk of STIs and pregnancy

| | | | Confirmation/additions from child/young person and/or parent/carer, if relevant (verbatim & recorded contemporaneously) |
|--|----------------------|-----------------------------------|---|
| Kissing/licking/biting/sucking/spitting? | YES / NO / NOT KNOWN | <i>(details, including sites)</i> | |
| Mouth to genitalia/anus? | YES / NO / NOT KNOWN | <i>(details)</i> | |
| Digit to vulva/vagina/anus? | YES / NO / NOT KNOWN | <i>(details)</i> | |
| Penis into vulva/vagina? | YES / NO / NOT KNOWN | <i>(details)</i> | |
| Penis into mouth? | YES / NO / NOT KNOWN | <i>(details)</i> | |
| Penis into anus? | YES / NO / NOT KNOWN | <i>(details)</i> | |
| Ejaculation? | YES / NO / NOT KNOWN | <i>(details, including sites)</i> | |
| Object to vulva/vagina/anus? | YES / NO / NOT KNOWN | <i>(details)</i> | |
| Other sexual/physical act(s) | YES / NO / NOT KNOWN | <i>(details)</i> | |
| Injuries? | YES / NO | <i>(details)</i> | |
| Ano-genital bleeding? | YES / NO | <i>(details)</i> | |
| Strangulation? | YES / NO | <i>(details)</i> | |
| Weapon used? | YES / NO / NOT KNOWN | <i>(details)</i> | |
| Damage to clothing? | YES / NO | <i>(details)</i> | |
| Condom used? | YES / NO | | |

15. Forensic samples taken before examination started (details)

Mouth _____

Urine _____

Tissues used to wipe _____

Condom(s) _____

Sanitary protection _____

Clothing _____

By whom taken _____

16. Post Assault

| | | | | | |
|------------------------|-------------------|--|--------|------------|-----------|
| Eaten | | YES / NO / NOT KNOWN | | | |
| Drank | | YES / NO / NOT KNOWN | | | |
| Passed urine | | YES / NO / NOT KNOWN <i>(note time)</i> | | | |
| Bowels open | | YES / NO / NOT KNOWN | | | |
| Wiped | | YES / NO / NOT KNOWN <i>(specify site and disposal of e.g. cloth/tissue)</i> | | | |
| Changed clothes | | <i>(specify)</i> | | | |
| Self harm | | <i>(sites)(method)</i> | | | |
| Circle: | <i>Brushed</i> | teeth | gums | dentures | |
| | <i># of times</i> | | | | |
| | <i>Used</i> | Mouth wash | | spray used | |
| | <i># of times</i> | | | | |
| | <i>Have they?</i> | washed | bathed | showered | douched |
| | <i># of times</i> | | | | |
| | <i>Changed</i> | tampon | pad | sponge | diaphragm |
| | <i># of times</i> | | | | |

17. Direct Questions *ask if relevant*

| | Since assault | Details | If yes, note if previously experienced the problem described |
|---|---------------|---------|--|
| Pain | | | |
| Urinary symptoms <i>e.g., dysuria, frequency, haematuria, incontinence, UTI</i> | | | |
| Genital symptoms <i>e.g., soreness, discharge, bleeding, dyspareunia, pruritis, injuries</i> | | | |
| Perianal/rectal symptoms <i>e.g., soreness, pain on defaecation, discharge, bleeding, change in bowel habit, incontinence, pruritis, injuries</i> | | | |
| Other symptoms | | | |

C. Health

Vision _____

Hearing _____

Medications _____

Allergies _____

General Health _____

Bathing - shower or bath; hygiene products _____

Immunisations up to date Yes No Unknown

Past Medical and Surgical History _____

Emergency Department attendance _____

D. Review of Systems (Please specify as much detail as possible, including whether prior to the alleged offence(s) or just post. | This is part of the holistic assessment of the child.)

| Gastrointestinal | Yes | No | Comment |
|----------------------|--------------------------|--------------------------|---------|
| Appetite | | | |
| Vomiting | <input type="checkbox"/> | <input type="checkbox"/> | |
| Abdominal Pain | <input type="checkbox"/> | <input type="checkbox"/> | |
| Rectal Bleeding | <input type="checkbox"/> | <input type="checkbox"/> | |
| Perianal Pruritus | <input type="checkbox"/> | <input type="checkbox"/> | |
| Rectal Discharge | <input type="checkbox"/> | <input type="checkbox"/> | |
| Constipation | <input type="checkbox"/> | <input type="checkbox"/> | |
| Diarrhoea | <input type="checkbox"/> | <input type="checkbox"/> | |
| Soiling | <input type="checkbox"/> | <input type="checkbox"/> | |
| Regular bowel action | <input type="checkbox"/> | <input type="checkbox"/> | |
| Worms | <input type="checkbox"/> | <input type="checkbox"/> | |
| Other | | | |

| Urinary | Yes | No | Comment |
|----------------------------|--------------------------|--------------------------|---------|
| Frequency | <input type="checkbox"/> | <input type="checkbox"/> | |
| Urgency | <input type="checkbox"/> | <input type="checkbox"/> | |
| Clean & dry, daytime | <input type="checkbox"/> | <input type="checkbox"/> | Age |
| Clean & dry, nighttime | <input type="checkbox"/> | <input type="checkbox"/> | Age |
| Wetting daytime | <input type="checkbox"/> | <input type="checkbox"/> | |
| Wetting nighttime | <input type="checkbox"/> | <input type="checkbox"/> | |
| Dysuria | <input type="checkbox"/> | <input type="checkbox"/> | |
| Haematuria | <input type="checkbox"/> | <input type="checkbox"/> | |
| Urinary tract infection(s) | <input type="checkbox"/> | <input type="checkbox"/> | |
| Other | | | |

| Genital | Yes | No | Comment |
|--------------------|--------------------------|--------------------------|---------|
| Blood in underwear | <input type="checkbox"/> | <input type="checkbox"/> | |
| Discomfort/pain | <input type="checkbox"/> | <input type="checkbox"/> | |
| Pruritus | <input type="checkbox"/> | <input type="checkbox"/> | |
| Rash | <input type="checkbox"/> | <input type="checkbox"/> | |

| | | | |
|---------------------------------------|--|--------------------------|--|
| Discharge | <input type="checkbox"/> | <input type="checkbox"/> | |
| Penile discomfort/rash | <input type="checkbox"/> | <input type="checkbox"/> | |
| Penile discharge | <input type="checkbox"/> | <input type="checkbox"/> | |
| Menarche | <input type="checkbox"/> | <input type="checkbox"/> | |
| Menstrual cycle | <input type="checkbox"/> | <input type="checkbox"/> | |
| Any spotting/bleeding out with cycle? | <input type="checkbox"/> | <input type="checkbox"/> | |
| Date of last period | | | |
| Routine sanitary protection | Tampons, regular use <input type="checkbox"/> Tampons tried <input type="checkbox"/> Pads <input type="checkbox"/> | | |
| Sexual history | | | |
| Contraception | | | |
| Pregnancies | | | |
| Birth history | | | |
| Other | | | |

| | Yes | No | Comment |
|---------------------|--------------------------|--------------------------|---------|
| Skin Diseases/Warts | <input type="checkbox"/> | <input type="checkbox"/> | |

| | Yes | No | Comment |
|--------------|--------------------------|--------------------------|---------|
| Neurology | | | |
| Headaches | <input type="checkbox"/> | <input type="checkbox"/> | |
| Faints | <input type="checkbox"/> | <input type="checkbox"/> | |
| Seizures | <input type="checkbox"/> | <input type="checkbox"/> | |
| Dizzy spells | <input type="checkbox"/> | <input type="checkbox"/> | |
| Other | | | |

| | Yes | No | Comment |
|-----------------|--------------------------|--------------------------|---------|
| Cardiovascular | | | |
| Chest pain | <input type="checkbox"/> | <input type="checkbox"/> | |
| Palpitations | <input type="checkbox"/> | <input type="checkbox"/> | |
| Ankle swelling | <input type="checkbox"/> | <input type="checkbox"/> | |
| Short of Breath | <input type="checkbox"/> | <input type="checkbox"/> | |

| Respiratory | Yes | No | Comment |
|-----------------|--------------------------|--------------------------|---------|
| Asthma | <input type="checkbox"/> | <input type="checkbox"/> | |
| Short of Breath | <input type="checkbox"/> | <input type="checkbox"/> | |
| Cough | <input type="checkbox"/> | <input type="checkbox"/> | |
| Other | | | |

| Musculoskeletal | Yes | No | Comment |
|-----------------|--------------------------|--------------------------|---------|
| Joint pain | <input type="checkbox"/> | <input type="checkbox"/> | |
| Back pain | <input type="checkbox"/> | <input type="checkbox"/> | |
| Joint swelling | <input type="checkbox"/> | <input type="checkbox"/> | |
| Disabilities | <input type="checkbox"/> | <input type="checkbox"/> | |
| Other | | | |

| Behaviour/emotional problems | Comment |
|------------------------------|---------|
| Sleep pattern | |
| Appetite | |
| Anger | |
| School work | |
| School friendships | |
| Substance misuse | |
| Alcohol misuse | |
| Behaviour at home | |
| Other (smoking / vaping) | |

| Mental Health | Comment |
|-------------------------------------|---------|
| Self-harm | |
| Suicidal thoughts/threats/ attempts | |

| | |
|--|--|
| Eating disorders | |
| Depression | |
| Anxiety / Panic Attacks | |
| Psychosis | |
| Hallucinations | |
| Hospital admissions Ever sectioned, details | |
| CP medicals / other | |

E. Family History

| Family Health (including psychiatric) | Comment | | |
|--|------------------------------|-----------------------------|--|
| Mother | | | |
| Father | | | |
| Substance misuse within the household | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |
| Alcohol misuse within the household | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |
| Domestic violence within the household | | | |
| Siblings | | | |

F. Sexual History

(note who was present when taken) Asked to assist with interpretation of (forensic) findings and medical aftercare - for the latter the time frame may need to be extended to 'since last normal menstrual period'.

Dates and times of other relevant sexual activity within the previous 10 days _____

Items used in previous intercourse

Condom Not known Yes No

Spermicide Not known Yes No

Lubricant Not known Yes No

Other (specify) _____

If relevant, clarify types of intercourse _____

19. General Examination

Name(s) of person(s) present _____

PPE worn _____

Height and centile _____ Weight and centile _____

Head circumference and centile _____

Ethnicity _____

Fitzpatrick Skin Tone

I: Ivory

II: Beige

III: Light Brown

IV: Medium Brown

V: Dark Brown

VI: Very Dark Brown

General appearance _____

Nails _____

Teeth _____

Cleanliness _____

Hair (last washed, last dyed) _____

Clothing, appropriate or not and detail if needed _____

Given age and appearance correspond _____

Demeanour/behaviour/interaction with carer and examiner, eye contact _____

Speech (e.g., content, form, any slurring) _____

Additional needs _____

Developmental disorders (a brief developmental assessment should be done in a younger child) _____

Right or left handed or ambidextrous _____

| Injuries/scars/rash/gooseflesh (indicate if self-harm) | Examined | Injuries | See Body Chart |
|--|----------------|----------------|--------------------------------|
| Scalp/hair | Y / N | Y / N | |
| Face | Y / N | Y / N | |
| Eyes | Y / N | Y / N | |
| Ears | Y / N | Y / N | |
| Lips | Y / N | Y / N | |
| Inside mouth/palate (Note any foetor) | Y / N | Y / N | |
| Teeth | Y / N | Y / N | |
| Neck | Y / N | Y / N | |
| Buttocks | Y / N | Y / N | |
| Arms: R L | Y / N Y / N | Y / N Y / N | |
| Hands/wrists: R L | Y / N Y / N | Y / N Y / N | Note if R or L handed |
| Fingers/nails: R L | Y / N Y / N | Y / N Y / N | Note if cut / broken / false |
| Front of chest | Y / N | Y / N | |
| Breasts | Y / N | Y / N | Tanner stage 1 / 2 / 3 / 4 / 5 |
| Back | Y / N | Y / N | |
| Abdomen | Y / N | Y / N | |
| Legs: R L | Y / N Y / N | Y / N Y / N | |
| Feet/ankles/soles: R L | Y / N Y / N | Y / N Y / N | |
| Additional details <i>e.g., Injection sites, signs of Non-Fatal Strangulation</i> | | | |

Systems Examination

| | |
|------------|--|
| CVS | Pulse rate/character _____ BP _____ Cyanosis _____ Heart size _____ Heart sounds _____ Ankle oedema _____ Other _____ _____ _____ _____ _____ |
| ENT | Drooling _____ Ears, external auditory meatus, tympanic membrane _____ Hearing: Renee and Weber if needed _____ Voice (hoarse) _____ Lymphadenopathy _____ Mouth including frenulum _____ |
| RS | Trachea / Air entry / Percussion / Breath Sounds _____ Cough _____ _____ PEFR (if indicated) _____ Oxygen Saturation (<i>ONLY if indicated</i>) _____ |

| | |
|----------------------|---------------------------------|
| Abdomen | Inspection _____ |
| | Distended Prominent Veins _____ |
| | Scars _____ |
| | Palpation _____ |
| | Tenderness _____ |
| | Guarding _____ |
| | Rebound _____ |
| | Liver _____ |
| | Kidneys _____ |
| | Spleen _____ |
| | Uterus _____ |
| | Auscultation-bowel sounds _____ |
| Other _____ _____ | |
| Neurology | Pupil Size _____ |
| | Reaction to light _____ |
| | Accommodation _____ |
| | Nystagmus _____ |
| | Cranials _____ |
| | Speech (slurred, content) _____ |
| | Balance / ataxia _____ |
| | Tone _____ |
| | Power _____ |
| | Reflexes _____ |
| Sensation _____ | |

| | |
|------------------------|--|
| Musculoskeletal | Joints (swollen red, tender, hot, range of movement) _____ _____ _____ _____ _____ |
| | Motility _____ |
| | Back _____ |
| | Kyphosis _____ |
| | Scoliosis _____ _____ _____ _____ |
| | Disability _____ _____ |
| | Other _____ _____ _____ |
| | |
| | |
| | |

Additional Notes _____

Genital and Anal Examination

Colposcope Additional magnification

Encryption code _____

Position used

Knee-chest Yes No Supine Yes No
 Left lateral Yes No

Mode of examination

Vulval separation Yes No Vulval traction Yes No
 Delineation of hymenal edges Yes No With what? _____
 Speculum Yes No Size Large Medium Medium Long Small Virgin
 Foley catheter used Yes No Inflated with Air Water

Amount of air/water _____

Batch number and expiry date of water _____

Lubricant used Yes No Make _____

Details of Female Genital findings (include injuries, fresh, healing and healed and any evidence of infection)

| | |
|---|--|
| <p>Mons pubis</p> <p>Pubic hair (<i>Tanner stage 1 / 2 / 3 / 4 / 5 and description, e.g. shaved, cut</i>)</p> <p>Clitoral hood</p> <p>Clitoris</p> <p>Urethra</p> <p>Labia majora</p> <p>Labia minora</p> <p>Fossa Navicularis</p> <p>Posterior fourchette</p> <p>Hymen (diagram when indicated)</p> <p>Fimbriated / annular / crescentic / other</p> <p>Internal findings</p> <p>Vaginal wall</p> <p>Cervix</p> | |
|---|--|

Details of Anal findings

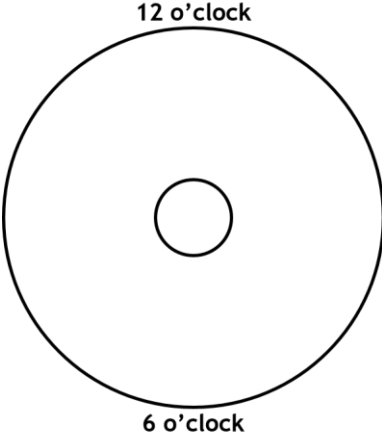
Natal Cleft

Perianal / Anal margin

Internal findings

Was a digital rectal examination done?
 Yes No

Why?



Proctoscope used Yes No

Size:

Sterile water used Yes No Batch Number _____ Expiry Date _____

Lubricant used Yes No Type:

Details of Male Genital Findings

Pubic hair

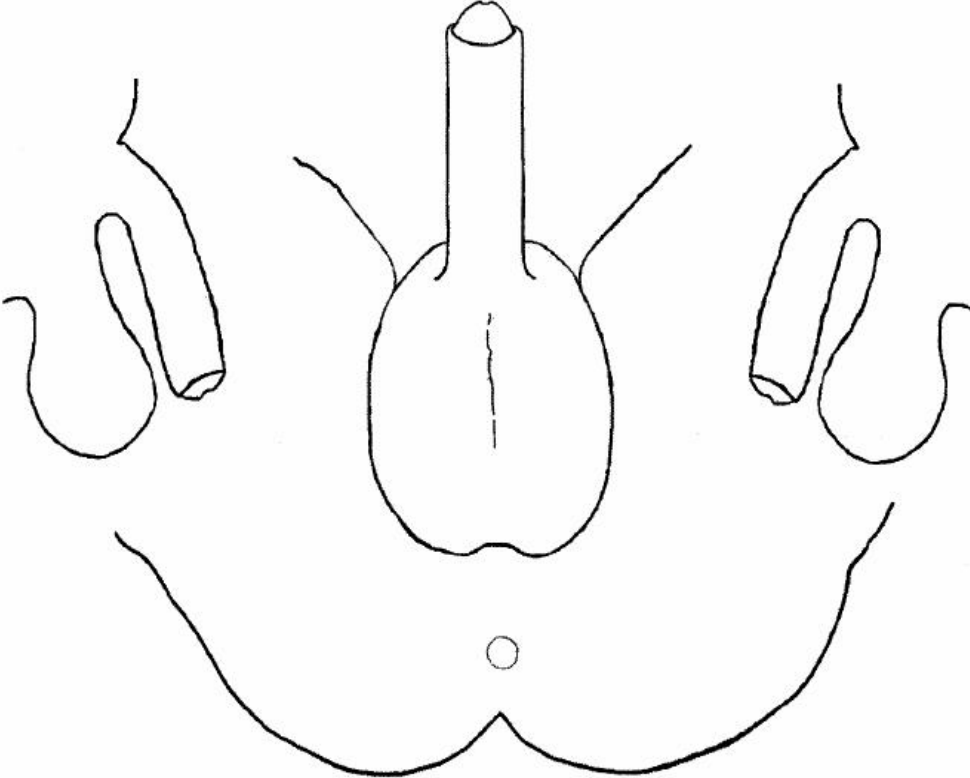
Tanner 1 / 2 / 3 / 4 / 5

Scrotum

Testicles

Penile Shaft / Glans penis

Circumcised Yes No



Forensic Samples (do not complete if FME forms are used [Proforma - Forensic Medical Examination Form - FFLM](#))

Start time _____ End time _____

| | Identification number | Location | Moistened Yes / No | Time Taken |
|----|-----------------------|----------|-----------------------|------------|
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |
| 11 | | | | |
| 12 | | | | |
| 13 | | | | |
| 14 | | | | |
| 15 | | | | |
| 16 | | | | |
| 17 | | | | |
| 18 | | | | |
| 19 | | | | |
| 20 | | | | |

To whom handed _____

Date and Time samples handed over _____

20. Medical Samples

List any samples obtained and record where samples are sent; these are not forensic samples, they are sexually transmitted disease screening, which may be done at base line; should be done at the appropriate interval post alleged/suspected assault; should be taken, given consent, at all historic/delayed reporting medicals. Triple site testing is recommended for all regardless of allegation.

Charcoal swabs

- | | | |
|--------------------|------------------------------|-----------------------------|
| 1. Throat | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 2. Vulva/introitus | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 3. LVS | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 4. HVS | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 5. Endocervical | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 6. Perianal/anal | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 7. Rectal | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 8. Glans/meatus | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 9. Other | Yes <input type="checkbox"/> | No <input type="checkbox"/> |

PCR swabs

- | | | |
|---------------------|------------------------------|-----------------------------|
| 10. Throat | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 11. Urethral | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 12. Vulva/introitus | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 13. HVS | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 14. Endocervical | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 15. Perianal/anal | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 16. Rectal | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 17. Glans/meatus | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 18. Other | Yes <input type="checkbox"/> | No <input type="checkbox"/> |

Viral swabs

19. Site(s)

Urine

20. MS/C Yes No

21. PCR (specify what for i.e. chlamydia and gonorrhoea/trichomonas)

Blood

If too early for these, who will do them at the appropriate interval i.e. baseline (case dependent), 45 days, 3 months and, if high risk, Hepatitis B and C again 6 months post exposure? _____

22. Hepatitis B Yes No

24. Syphilis Yes No

23. Hepatitis C Yes No

25. HIV Yes No

Where the samples are to be taken _____

By whom _____

Chain of evidence Yes No

Who is collecting the results? _____

How? _____

Who will give the results to the complainant/carer? _____

How? _____

Who will arrange follow-up / treatment if needed? _____

Additional Notes _____

23. Confidential Medical Aftercare

A. Risk of Sexually Transmitted Infections

The child/young person's risk of contracting a sexually transmitted infection should be considered in every case. Local policy will determine what medication is available on site and what will be provided by other agencies. The following sections should be completed to demonstrate discussion and referral/treatment.

Detail of exposure:

Date / time of assault _____ Time interval to examination _____

Type of exposure: Anal receptive / vaginal receptive / oral receptive / splash semen to eye*

Other _____

Ejaculation occurred? Not known Yes No

Condom used throughout? Not known Yes No

Injuries resulting in mucosal breach Yes No

Anal intercourse Yes No

In contact with assailant's blood or semen Yes No

Menstruating Yes No

Multiple assailants Yes No

Assailant details:

Sexuality Not known Heterosexual Bisexual MSM WSW

IVDU Not known Yes No

UK-born Not known Yes No

Foreign born Not known Yes No

Lived abroad Not known Yes No

Country High risk Low risk

HIV status Not known Negative Positive

* semen in a healthy eye is no longer considered a risk. In an eye with disease such as conjunctivitis it is a risk.

Ai. HIV PEP

According to BASHH guidelines HIV PEP is: Not appropriate To be considered Recommended

Is child/young person:

<16 years old / low BMI / pregnant / breast feeding / suffering serious medical condition? Yes No

(If yes to any of these, discuss with the paediatric Infectious Diseases consultant for under 16 or Infectious Diseases consultant for 16 and over and document outcome. This must be done at the time of the medical; there is no place for delay) _____

Where PEP to be considered or recommended, use a starter pack dispensed in the SARC or refer if under 16 / low BMI / pregnant / breast feeding / comorbidities that complicate.

If treatment to be given on site discuss with child/young person:

Rationale / Potential side effects / Regime / Importance of compliance & follow up Yes No

Starter pack given Yes Declined

Batch no _____ Expiry Date _____

Time of first dose PEP (if given on site) or referral to STI / GUM / ED for PEP _____

Patient info sheet given and contact if help needed Yes No

Advised the patient regarding safe sex until completion of screening Yes Not appropriate

Aii. Hep B PEP if <13 years old, check dose in BNF or with appropriate expertAccording to BASHH guidelines Hep B PEP is: **Not appropriate** **Recommended** Given _____ Yes No

Batch number _____ Expiry date _____

Where and when are the next doses to be given? _____

Aiii. Chlamydia / Neisseria Gonorrhoea / Others if <13 years old, check dose in BNF or with appropriate expertAccording to BASHH guidelines antibiotics are: **Not appropriate** **To be considered** *Where antibiotics are to be considered, refer to appropriate agency or use a starter pack dispensed in the SARC.*Antibiotics given Yes Declined Not available

Name of antibiotics _____

Batch number _____ Expiry date _____

Dose _____

Patient info sheet given Yes No GP / GUM letter Given to child/young person Faxed To be posted

Details _____

Aiv. Hepatitis C

In adults there is some evidence that after a high risk exposure from a known hepatitis C positive source if infection is detected, early treatment with direct antivirals may be effective⁴. There is no evidence for prophylaxis in children. However, if in doubt take advice for paediatric infectious diseases.

B. Emergency ContraceptionApproaching Menarche Yes No **Post Menarchal** Yes No Pregnancy test at centre? Yes No

Batch Number _____

Expiry Date _____

Result _____

LMP _____ **Hours post unprotected sexual intercourse (UPSI)** _____

Cycle length _____

Other unprotected sexual intercourse since LMP? _____

Contraception used? _____

Emergency contraceptive given: Yes No Declined Follow up advice Yes No

Name _____ Batch Number _____ Expiry Date _____

Details _____

IUCD Considered Discussed Recommended

Appointment date time and venue for IUCD _____

Oral EC given in case IUCD cannot be inserted _____

C. Self-Harm Risk

Any specific concerns arisen regarding imminent risk of self-harm? Yes No

Further information / action _____

D. Suicide Risk

Any specific concerns arisen regarding imminent risk of suicide? Yes No

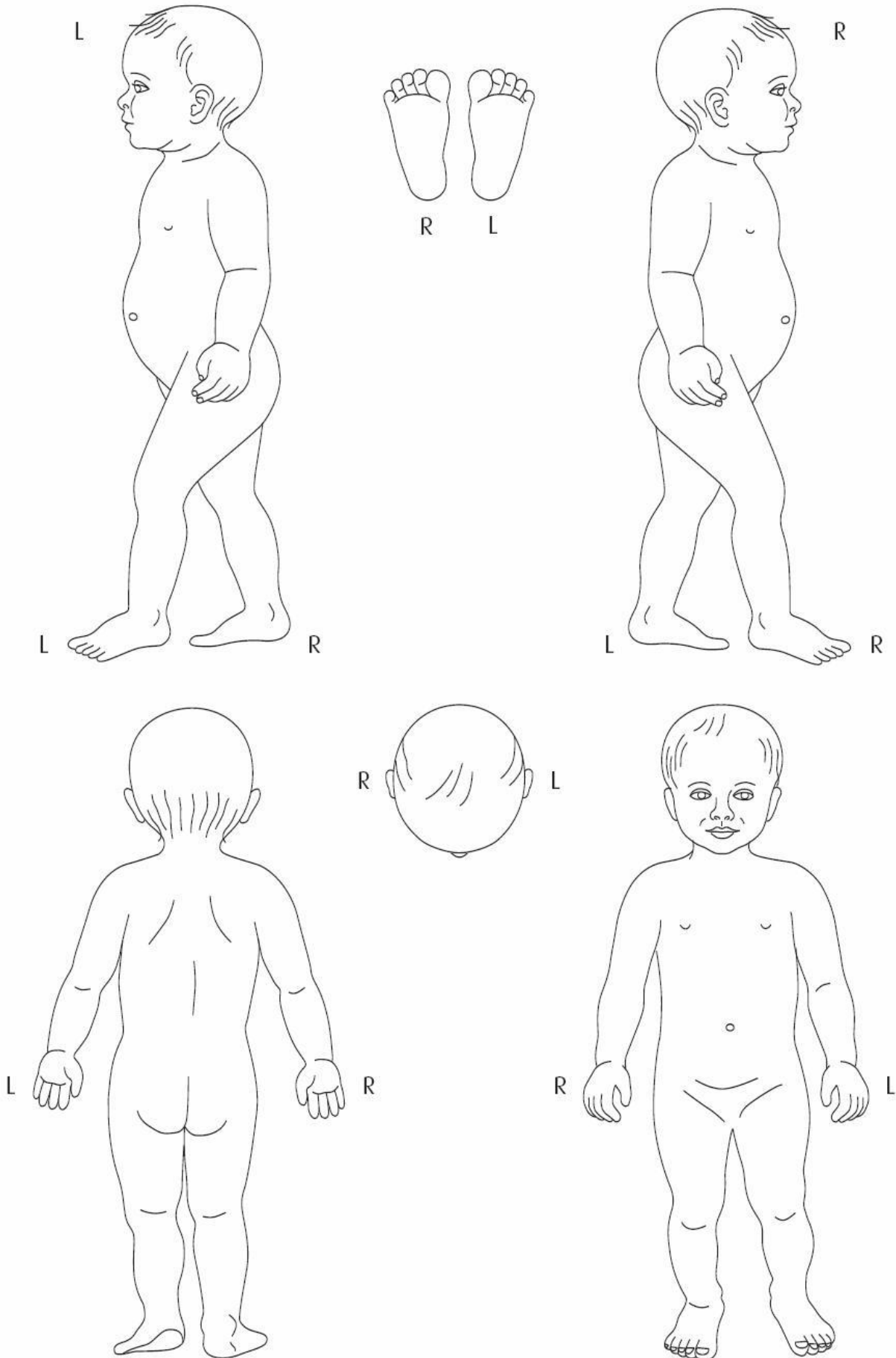
Thoughts / Plans / Actions _____

Management _____

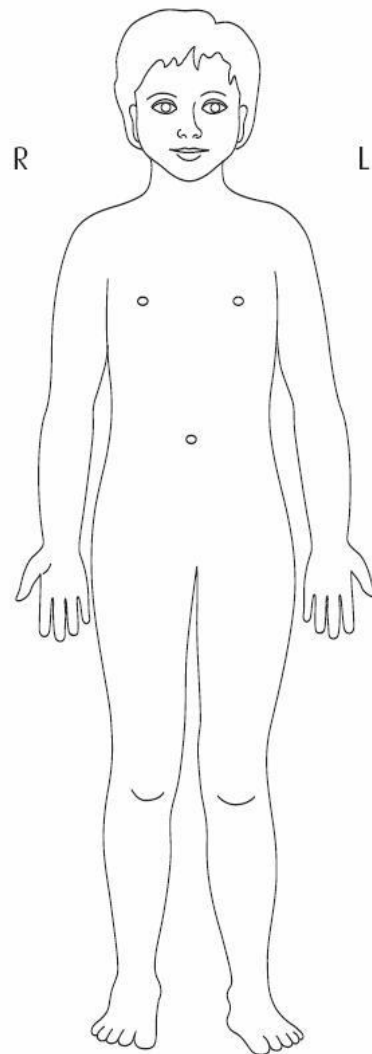
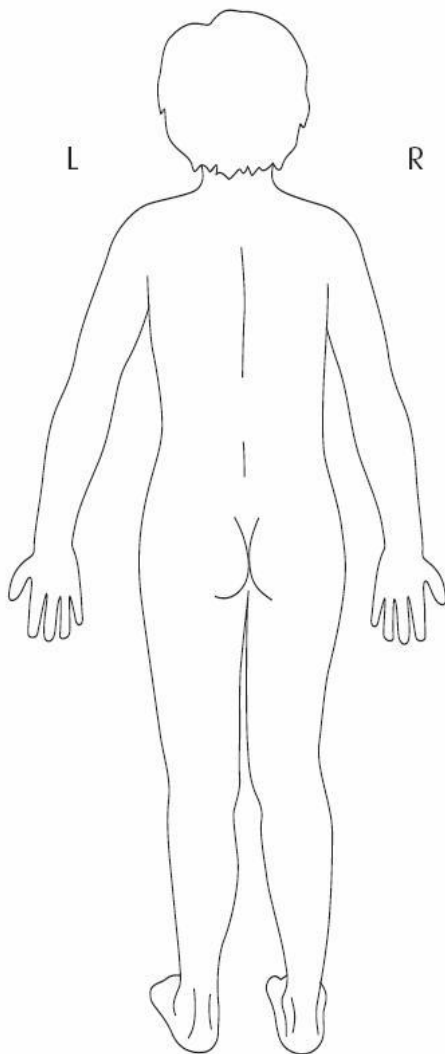
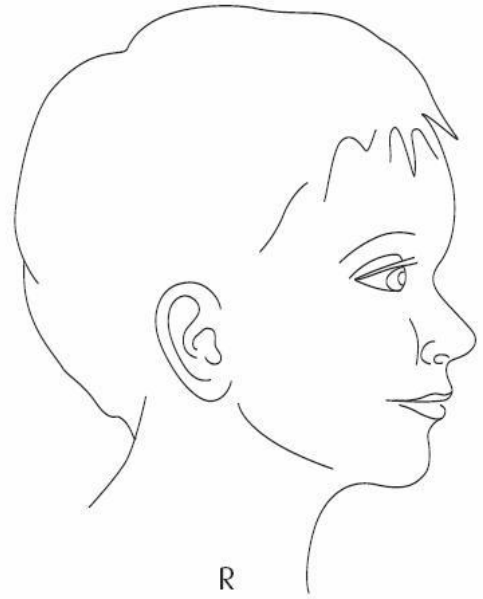
E. Referred for Follow-up/Aftercare to *(delete as applicable)*

Paediatrician _____
GP _____
Therapy, specify _____
Other support, specify _____
GUM _____
Advocate _____

Baby body diagrams



Child body diagrams



References

1. [Service specifications for the clinical evaluation of children and young people who may have been sexually abused](#)
FFLM and RCPCH
September 2015
2. [The Physical Signs of Child Sexual Abuse an evidence based review and guidance for best practice](#)
AAP, FFLM, RCP, RCPCH
May 2015 (update due to be published 2024)
3. [Recommendations for the Collection of Forensic Specimens from Complainants and Suspects](#)
FFLM
January 2024 (Updated biannually, in January and July)
4. [BASHH National Guideline on the Management of Sexually Transmitted Infections and Related Conditions in Children and Young People](#)
BASHH
5. [Quality Standards for Clinicians Undertaking Paediatric Sexual Offence Medicine \(PSOM\)](#)
FFLM
March 2021 (update due to be published 2024)