How to prepare for the LFFLM Part 2 –

Wednesday 23 November 2022

Thomas Bird, Clinical Lead, Surrey and Sussex Police



Thomas Bird worked in HM prison services as a substance misuse support worker before training to be a Paramedic at Portsmouth University.

Following front line clinical duties with the ambulance service he started his career in forensic and legal medicine in 2016. Thomas has worked with Surrey and Sussex Police services for the past 6 years, starting as an HCP and has worked his way up to a Clinical lead role.

Thomas is treasurer and Paramedic steering group member for the United Kingdom Association of Forensic Nurses and Paramedics (UKAFNP) and he is currently doing a Masters in Advanced Clinical Practice at Surrey University.

Lead, Avon & Somerset and Dorset Police



I began my nursing training in 2008 at Kingston & St Georges University London and started my career in Emergency Nursing working across various CCUs & A&Es in London, before training as a Respiratory Clinical Nurse Specialist.

In 2016 I moved to Sussex to begin my career in Forensic Nursing. From there I have worked across various Police Custodies as a healthcare professional. In 2020 I was promoted to a Senior Health Care Professional, and as of October 2022 I have been seconded as a temporary Clinical Lead for Avon & Somerset and Dorset Police. I started my licentiate in 2020 and sat my part 1 exams in the midst of the second covid lockdown and passed my part 2 OSCEs earlier this year.

I have just completed my Non-Medical Prescribing at Level 7 awaiting ratification.