

FACULTY OF FORENSIC & LEGAL MEDICINE

of the Royal College of Physicians of London



Registered Charity No 1119599

Virtual SARC Best Practice Day

Saturday 20 September 2025

Case Scenario Group Discussion

Outline:

- 16-year-old female, Matilda, with moderate-severe learning disability
- Mobilises in a wheelchair
- Lives with father and stepmother
- Stays with mother every other week: Thursday night to Saturday morning
- Mother has a new partner, Teddy.
- Regular periods: LMP (first day) was 19 days ago. Cycle 5/28 regular
- Not on any contraception
- Became very agitated overnight Wednesday into Thursday, and on Thursday said she did not want to go and see Mum: "Teddy hurt me...down there," and indicated her genital area. She also said: "He wants to give me a baby."
- Seen at SARC Friday morning: was last at mother's the previous Saturday. Mother insists Teddy has not done anything to Matilda

Discussion areas could include (but not limited to):

- Triaging the case, including Strategy Meeting, what information is needed, who would examine Matilda, etc
- Obtaining consent
- Managing the physical aspects of examination
- Emergency contraception discussion
- HIV and Hepatitis B PEP
- Advocacy and psychological follow-up for her and the three parents