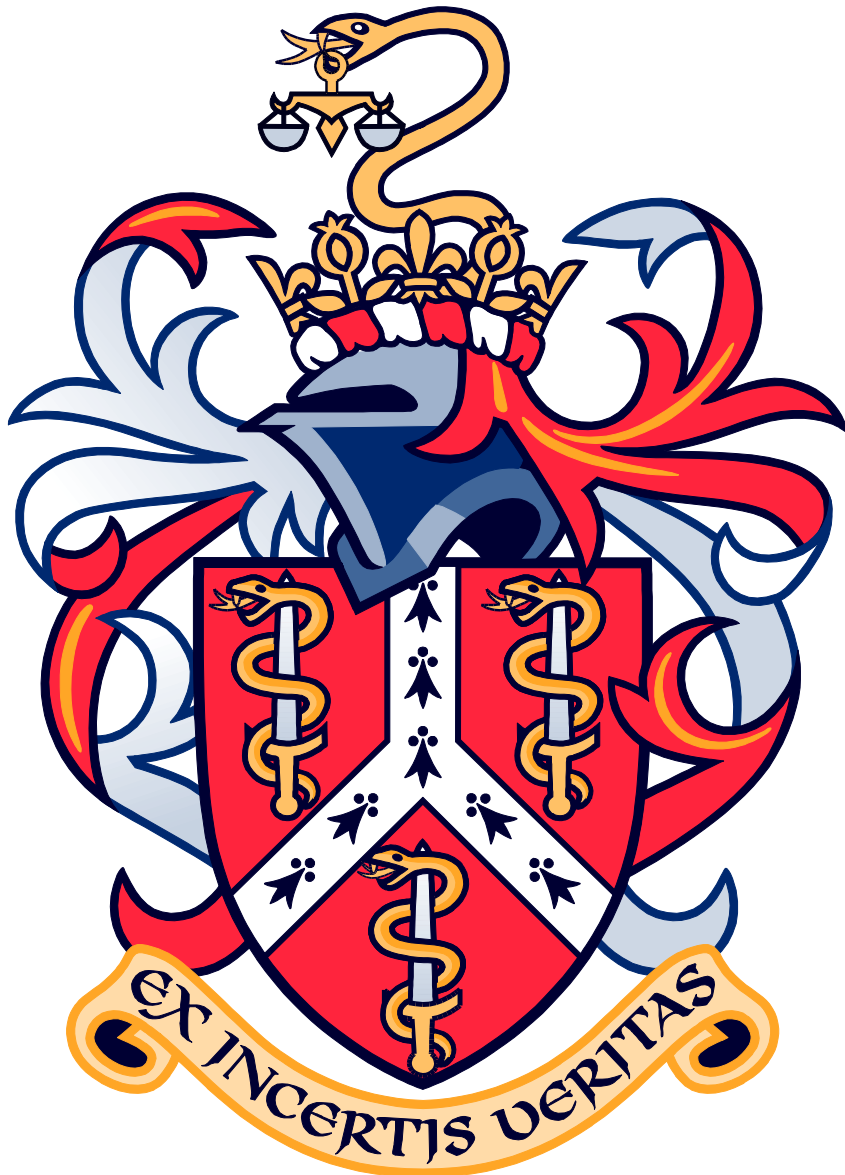


FACULTY OF FORENSIC & LEGAL MEDICINE

# Virtual Level 3 Child Safeguarding



**Saturday 14 October 2023**

Zoom

# Programme

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*Morning session chaired by Dr Peter Green*

- 09:50 – 10:00 ***Introduction to the day***
- 10:00 – 10:45 ***Identifying the Physical Signs of Child Sexual Abuse – an Evidence Based Approach***  
Dr Sheila Paul, Clinical Lead, Lead for Children, Thames Valley Sexual Assault Service
- 10:45 – 11:30 ***Non-Fatal Strangulation in Children***  
Prof Cath White OBE, Medical Director, Institute for Addressing Strangulation
- 11:30 – 11:45 *Break*
- 11:45 – 12:30 ***Crisis Alternatives: What Seamless, Wraparound Crisis Care Looks Like in Practice for Young People***  
Nana Owusu, Clinical Lead/Director of Children and Young People Service, Hammersmith, Fulham, Ealing, & Hounslow Mind
- 12:30 – 13:00 ***Panel Discussion***
- 13:00 – 13:45 *Break for Lunch*
- Afternoon session chaired by Dr Sheila Paul*
- 13:45 – 14:15 ***Overcoming barriers to good care for asylum-seeking children, young people and families***  
Dr Allison Ward, RESPOND Clinical co-lead, University College London Hospitals NHS Foundation Trust
- 14:15 – 15:00 ***How Adverse Childhood Experiences Impact Adulthood***  
Bhavnit Kaur, Medical Student, Queen Mary University of London
- 15:00 – 15:15 *Break*
- 15:15 – 15:45 ***Group Discussion – Children, Neurodiversity and Trauma and Healthcare***
- 15:45 – 16:00 ***Questions and Closing Comments***

# Chair / Course Organier

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**Dr Peter Green**



**Consultant Forensic Physician**

I have been working as the Designated Doctor for Child Safeguarding for Wandsworth CCG for the past 13 years, as well as working for over 39 years as a Forensic Physician. I continue to work as a Sexual Offences Examiner for CSA cases as I have done for most of my career.

11 years ago, I became the first GMC registered specialist in Forensic and Legal Medicine, and I am a past Vice President of the FFLM. In my safeguarding role, I introduced Child Safeguarding training to the FFLM and established the national designated professionals network.

I have conducted in excess of 70,000 medico legal examinations, of both victims and police detainees over the course of my career. I have regularly appeared as both a professional and expert witness, in the criminal and civil courts, coroner's courts and professional tribunals.

# Speaker / Course Organiser

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**Dr Sheila Paul**



**Clinical Lead, Lead for Children, Thames Valley Sexual Assault Service**

## **Identifying the Physical Signs of Child Sexual Abuse – an Evidence Based Approach**

Soon after qualifying as a GP, I worked for the US Army in Germany. Returning to the UK after 6 years, I have been ½ time GP Principal in South Bucks from 1988 to 2017, then GP in ED until May 2019.

My “portfolio career”, has included cardiology research; surgical clinics; working as a GP with homeless people in London; being medical officer of a drug and alcohol team; 13 years in ED, alongside GP work. My love is working with the vulnerable.

Since 1993 I have worked as a Forensic Physician for Thames Valley Police. Leaving general forensic work with contracting out 6 years ago, I continue as Clinical Director of the Thames Valley Sexual Assault Service.

I am medical advisor for CoraamBAAF and work with the Looked After Children team. I work as an expert witness in the UK.

I have contributed to many national documents and guidelines, both from the FFLM and the RCPCH; been one of the authors of the “purple book” both editions and am involved in the 3rd edition; Service Specifications from the RCPCH and FFLM two editions; published papers following research done; taught multiagency, police, and health professionals for many years.

I am on the FFLM Research Subcommittee and an FFLM examiner.

# Speaker

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## **Prof Cath White OBE**



## **Medical Director, Institute for Addressing Strangulation**

### **Non-Fatal Strangulation in Children**

Prof Catherine White is the Medical Director of the newly established Institute for Addressing Strangulation, UK (October 2022). Dr White was the Clinical Director of the St Mary's SARC, Manchester, UK for 19 years from 2003 until March 2022, having started as one of the forensic physicians in 1995 specialising in the examination of women, men, and children where there has been an allegation of rape or sexual assault. She continues undertaking clinical forensic medical examinations. She is the Sexual Offence Medicine lead for the Faculty of Forensic & Legal Medicine, UK & a member of the Academic Committee and the Forensic Science Subcommittee.

Prof White has been heavily involved in raising awareness of the dangers of non-fatal strangulation. Her research in this area was used as evidence for a successful call to change the law regarding strangulation. She has been a regular guest lecturer on the Judicial Studies Board, Serious Sexual Offences seminars and the Family Courts. She has been a UN Consultant on Sexual Violence and has been involved in a UNODC Project involving the establishment of sexual assault services in Palestine, 2012 –2018 and as of 2016 was also involved with a similar UN project in Egypt.

In 2006, 2008 and 2010 she was sponsored by UNICEF and CEOP (Child Exploitation Online Protection) to provide training in Cambodia. She has provided similar training in Moldova in 2008.

Prof White was awarded an Order of the British Empire (OBE) in The Queen's 2014 New Year's Honours List for services to Vulnerable People.

# Speaker

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## Nana Owusu



### **Clinical Lead/Director of Children and Young People Service, Hammersmith, Fulham, Ealing, & Hounslow (HFEH) Mind**

Nana Owusu (RMN, BA, BSC, PGdip) is an accomplished Mental Health leader, renowned for her innovation, vision, and unique perspective as a Dyslexic thinker.

With a strong background as a registered Clinical Nurse Specialist and Therapist, Nana is dedicated to enhancing outcomes for young individuals and families, while also striving to address health disparities. With over two decades of invaluable experience in both clinical and senior management roles, Nana has made significant contributions to NHS specialist CAMHS services and voluntary sector organizations. Currently serving as the Director & Clinical Lead for Children and Young Peoples Services at MIND (HFEH), she has successfully established and mobilized two of the pioneering 58 Trailblazer MHST's commissioned in the UK. Moreover, Nana has been instrumental in spearheading the development of West London's inaugural Crisis Prevention Cafe for young people, known as 'CIRCLE', which is proudly delivered by Mind (HFEH) and funded by West London Trust. Nana is not only a passionate advocate but also an active community volunteer and campaigner, tirelessly striving to bring about positive change for vulnerable young individuals. Beyond her professional commitments, Nana generously offers her time as a coach and mentor, supporting young people with low confidence and self-esteem. She serves as a board member for the esteemed youth homeless charity, New Horizon Youth Centre, and holds the role of Mental Health Lead for the MGUK Foundation.

### **Crisis Alternatives: What Seamless, Wraparound Crisis Care Looks Like in Practice for Young People**

Introduction to HFEH Mind Youth Services and The Circle Crisis Prevention Café.

# Speaker

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**Dr Allison Ward**



**RESPOND Clinical co-lead, University College London Hospitals NHS Foundation Trust**

**Overcoming barriers to good care for asylum-seeking children, young people and families**

Dr Allison Ward is a Consultant Community Paediatrician working across several NHS Trusts in the North Central London ICS (Royal Free London, University College Hospital and CNWL Camden). She is a founder and co-clinical lead of RESPOND: Integrated Health Service for Asylum-seekers as well as a named doctor for safeguarding and children looked after.

Along with Dr Bhanu Williams and Dr Sarah Eisen, Dr Ward is co-creator and course lead for the RCPCH's 'How to Manage: Refugee and asylum seeking children and young people' online course.

# Speaker

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## **Bhavnit Kaur**



### **Medical Student, Queen Mary University of London**

KCL Medical Student that intercalated at Queen Mary University of London in MSc Forensic Medical Sciences and completed her dissertation in ACEs.

### **How Adverse Childhood Experiences (ACEs) Impact Adulthood**

ACE impact on the developing brain, mental health disorder, substance use disorders, chronic disease, women's health, burden and mortality of ACEs, social demographic factors impact on ACEs.



# Upcoming Events

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## **FFLM Webinars - Fitness for Interview in Children and Young People**

Monday 23 October 2023 at 19:00

Presented by Dr Heidi Hales, Consultant Psychiatrist in CAMHS and Forensic Psychiatry. Free for FFLM Members to attend.

## **FFLM Appraiser Forum**

Monday 04 December 2023 at 13:00.

The group meets every six months to support appraisers who often work outside of organisations with clinical governance processes. This forum is free for FFLM Members to attend.

## **FFLM Forensic Aspects of Adult Safeguarding Forum**

Wednesday 06 December 2023 at 13:00.

This group meets every quarter to discuss/review cases and share professional experiences in a relaxed environment. Chaired by Prof Margaret Stark, Consultant Forensic Physician and Dr Elisabeth Alton, Named Doctor for Safeguarding Adults. Free for FFLM Members to attend.

## **Conducted Energy Device (CED) HCP Assessment Training Course**

Tuesday 09 January 2024

We have been running training across the UK for clinicians working in police custody in assessing those exposed to a CED. For those who have been unable to access the training so far, we are running a training day at the Faculty of Pharmaceutical Medicine in London on Tuesday 09 January 2024.

It is also an incredibly useful update for forensic physicians to ensure that they are up to date with the latest developments as well as recommended documentation to be used in this area.

Please visit <https://fflm.ac.uk/events> for further information and to book



## The Institute for Addressing Strangulation: One Year On

In June 2022, a new stand alone offence of Non Fatal Strangulation (NFS) and suffocation was introduced in England and Wales. In October 2022, the Home Office funded the Institute for Addressing Strangulation (IFAS) to increase awareness of strangulation amongst the public and professionals, conduct research, and create resources and guidance.

This Knowledge Event will showcase our findings so far and highlight areas for further development.

### Tuesday 28 November 2023

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|---------------|--|
| 09:30 – 10:00 | <b>Introduction</b><br>Bernie Ryan, Chief Executive Officer, IFAS  |
| 10:00 – 10:10 | <b>My Experience – A Survivor's Account</b>  |
| 10:10 – 10:30 | <b>A National Picture of Strangulation: What the data tells us</b><br>Prof Cath White, Medical Director, IFAS  |
| 10:30 – 10:50 | <b>Home Office Response: How National Data Influences Policy and Priorities</b>  |
| 10:50 – 11:00 | <b>Learning from Domestic Homicide Reviews</b><br>Marianne McGowan, Survivor Liaison & Research Worker, IFAS<br>Harriet Smailes, Researcher, IFAS  |
| 11:00 – 11:15 | <i>Break (audience invited to submit questions)</i>  |
| 11:15 – 11:35 | <b>What's New: IFAS Resources including the Clinical Management of NFS</b><br>Prof Cath White, Medical Director, IFAS  |
| 11:35 – 11:55 | <b>NHS response to NFS – Update on Implementation</b>  |
| 11:55 – 12:15 | <b>Strangulation in Consensual Sex– What we know</b><br>Dr Helen Bichard, Principal Clinical Psychologist and Honorary Research Fellow, Bangor University<br>Nogah Ofer, Solicitor, Centre for Women's Justice |
| 12:15 – 12:30 | <b>Next Steps</b><br>Bernie Ryan, Chief Executive Officer, IFAS  |
| 12:30 – 12:50 | <b>Questions/Discussion</b>  |
| 12:50 – 13:00 | <b>Closing Comments</b><br>Bernie Ryan, Chief Executive Officer, IFAS  |



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